

P.C 8400208

TO SAMHSA  
Fax: 301-443-3031

Subject: Public Comment FR DOCKET 04-7984 Mandatory Revised Guidelines

I have suffered from paruresis since the age of six. I did not learn that my life long urinating difficulty had a name until I was 58. Urine based drug testing has harmed me, forcing me to retire from Dallas Area Rapid Transit. Sometimes I can urinate on demand and other times I have difficulty. Until SAMHSA rewrites the rules so they do not discriminate against paruretics by equating an inability to pee with a refusal to accept testing, SAMHSA will be promoting discrimination towards people like me-- who have never used drugs but simply cannot pee on demand. It is time for the rules to change. Mandate the use of oral fluid, hair, sweat patches, and blood tests for those who suffer from paruresis. If you wish to contact me about my many drug testing experiences, feel free to call or write me.

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